FOOTBALL BOOTS GURU

FO B 1



STEP BY STEP

- Loosen your laces and take your boots off
- 2 Carefully knock your boots together to remove loose mud
- **3** Use a damp cloth and warm water to go over your boots
- 4 Use an old toothbrush to remove any mud stuck in small grooves
- 5 Stuff newspaper into your boots to absorb moisture
- **6** Let your boots air dry in a safe place

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DO

Do wash your boots properly after every use

Do keep your old toothbrushes for cleaning

Do frequently replace newspaper to help your boots dry faster

Do clean your boot's laces with extra care

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DON'T

Don't kick your football boots off at the heel

Don't use a wire brush to clean your boots

Don't clean your boots with a cleaning agent

Don't put your boots in front of a radiator to dry faster

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